

S-25 March, 2013 AC after Circulars from Circular No.153 & onwards

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DR. BABASAHEB AMBEDKAR MARATHWADA UNIVERSITY

CIRCULAR NO.ACAD/NP/Social Sciences/Syllabus/159/2013

It is hereby notified for information of all concerned that, on the recommendations of the Boards of Studies, Ad-hoc Boards, and Faculty of Social Sciences, the **Academic Council at its meeting held on 25-03-2013** has accepted the following revised syllabi for **B.A. First & Second Year and with minor changes in the syllabus of B.A. Third Year Home Science under the Faculty of Social Sciences :-**

Sr. No.	Revised Syllabus
[1]	B.A. [Public Administration] Semester- I & II,
[2]	B.A. [Political Science] Semester- I & II,
[3]	B.A. [History] Semester- I & II,
[4]	B.A. [Economics] Semester- I & II,
[5]	B.A. [Sociology] Semester- I & II,
[6]	B.A. [Philosophy] Semester- I & II,
[7]	B.A. [Home Science] Semester- I to IV,
[8]	B.A. [Psychology] Semester-III & IV, Second Year.
[9]	B.A. [Home Science] Semester- V & VI, Third Year Minor Changes,

This is effective from the **Academic Year 2013-2014** and onwards.

These syllabi are available on the University Website **www.bamu.net**

All concerned are requested to note the contents of this circular and bring the notice to the students, teachers and staff for their information and necessary action.

University Campus,
Aurangabad-431 004.
REF.NO.ACAD/NP/SOCIAL SCI./
SYLLABUS /Semester/2013/
5979-6382
A.C.M.A.I.No.21.

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(Signature)
13/05
Director,
Board of College and
University Development.

Date:- 08-05-2013.

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S-25 March, 2013 AC after Circulars from Circular No.153 & onwards

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Copy forwarded with compliments to :-

- 1] **The Principals, affiliated concerned Colleges,
Dr. Babasaheb Ambedkar Marathwada University.**
- 2] The Director, University Network & Information Centre, UNIC, with
a request to upload the above all syllabi on University Website
[www.bamu.net].

Copy to :-

- 1] The Controller of Examinations,
- 2] The Superintendent, [B.A. Unit],
- 3] The Superintendent, [Eligibility Unit],
- 4] The Programmer [Computer Unit-1] Examinations,
- 5] The Programmer [Computer Unit-2] Examinations,
- 6] The Director, [E-Suvidha Kendra], in-front of Registrar's Quarter,
Dr. Babasaheb Ambedkar Marathwada University,
- 7] The Public Relation Officer,
- 8] The Record Keeper,
Dr. Babasaheb Ambedkar Marathwada University.

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**D R. BABASAHEB AMBEDKAR
MARATHWADA UNIVERSITY,
AURANGABAD.**



B. A. THIRD YEAR

HOME SCIENCE

(EFFECTIVE FROM the Academic Year – 2013 & ONWARDS)

B.A.T.Y. (HOME SCIENCE SYLLABUS)

Class	Semester	Paper	Title of the Paper	Total Marks
B.A. IIIrd Year	V Semes.	XIII	Subsidiary :- Family Dynamics	30
	--//--	XIV	Housing and Interior Decoration	30
	--//--		Practical – Housing and Interior Decoration	40
	--//--	XV	Main :- Entrepreneur-ship Development	30
	--//--	XVI	Nutritional Management in Health and Disease	30
	--//--		Practical – Nutritional Management in Health and Disease	40
	VI	XVII	Subsidiary : Community Nutrition	30
	--//--	XVIII	Fundamentals of Art and Design	30
	--//--		Practical – Fundamentals of Art and Design.	40
	--//--	XIX	Main :- Human Development (Adulthood & Old Age)	30
	--//--	XX	Communication Techniques in Home Science	30
	--//--		Practical – Communication Techniques in Home Science	40

Note :

Compulsory excursion tour in the field of Nutrition / Textile / Interior Decoration will carry Ten (10) marks from any sessional activity respectively.

Name of the Course : **B.A. III Year Home Science**
Semester : **Vth**
Paper No & Title : **XIII - Marriage and Family Dynamics.**
Total Marks : **30**
Work load per week : **4 Periods (50 min./Lect.)**

OBJECTIVES-

1. To understand the dermis of marriage and family system
2. To be aware about the areas of adjustments in marriage and family.
3. To share knowledge about the laws related to women, marriage and family.
4. To develop awareness about counseling.

Unit – I Marriage

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1. Definitions and functions of marriage
2. Type o marriage – Arranged, Love, registered, Satyashodhak and others. It advantages and disadvantages.
3. Readiness for marriage Physiological and Psychological economical and others.
4. Factors to be considered for mate selection (Focus of on Scientific approval)

Unit - II Family

12

1. Definitions and functions of family
2. Types of family- Joint, nuclear, extended.
3. Families with – Special child, single child, girls child, adopted child, no child, single parent.
4. Changing forms of family, Surrogacy, live in relationship.

5. Role of husband and wife- traditional and modern.
6. Stages of family life cycle.

Unit - III Adjustments, Parenthood, and family crisis 18

1. Adjustments in marriage and family, financial, sexual, in-laws, career, religious and social.
2. Parenthood- Joys and challenges.
3. Family planning- Need and methods.
4. Family Crisis- Concept, causes and wages of camping, Divorce, severe and prolonged illness, unemployment and Death.

Unit - IV Laws related to women Marriage and family 06

1. Hindu marriage act, special marriage act.
2. PCPNDT Act, family violence act.
3. Lows appoints sexual haragment at work place (Vishakha), dowry, and child marriage.

Unit - V Counselling 04

1. Scope, definition, importance.
2. Premarital, post marital, family, and vocational counseling.

Sessional Activities (Any Two).

1. Visit to family court and report writing.
2. Visit to remand Home and Report writing.
3. Visit to counseling centre and Report writing. At school level / primary health centre.
4. Preparation of scrab book on laws related to women and children.
5. Visit to marriage Bureau & Report writing.

Journals:

1. Indian journal of marriage and family.
2. Indian journal of Home Science.
3. Research Reach.
4. Journal o family welfare
5. Social welfare.

References :

1. Hurlock E.B. "Adolescent Development", MC Grave Book Company, INC, 1978.
2. Hansa Seth. 'Juvenile Delinquency'.
3. चांदवसकर नलिनी, "किशोरावस्था" महाराष्ट्र विद्यापीठ निर्मिती मंडळ, १९८२, नागपुर.
4. प्रा. बोरुडे, प्रा.कुमठकर, प्रा.देसाई, सौ. शीला गोळविलकर, वैकासिक मानसशास्त्र, पुणे विद्यार्थी गृह, प्रकाशन, पुणे.
5. प्रा. हिरवे, प्रा. तडसरे, "वैकासिक मानसशास्त्र" फडके प्रकाशन, कोलहापुर.
6. घोंगे आणि फरकाडे, विवाह आणि कौटुंबि संबंध, विद्या प्रकाशन, नागपुर.
7. Kapadia K.M., "Marriage and family in India", Oxford University, Press, Bombay.
8. Landis J.T. and Landis M.G. Personal Adjustment, Marriage and family, Prentice Hall international INC 1975.
9. Rao P. & Rao V. N. (1982) Marriage, The family and women in India, New Delhi, Vikas Publications.
10. Coser Rose (1975) The family, its structures and functions. Macmilliaon Publication, New York.
11. Guppy G. R. (1976) Family and social change in modern India. New Delhi, Vikas Publishing.
12. Srinivasan K. Mukerji E. "Dynamics of population and family welfare, Bombay, Himalaya Publishing House.

13. प्रा.पवार, प्रा. चौधरी, समुपदेशन मानसशास्त्र, प्रशांत पब्लिकेशन्स, पुणे.
14. Jain S. C., The Law relating to marriage and Divorce, Surjeet Book Depot, Delhi.
15. Sharma B. K., Divorce Law in India, Deep and Deep, New Delhi.
16. Akhtar Naseem, "Family Law on Divorce and Judicial Separation".
17. पी.डी. हरसुले, हिंदू विवाह व घटस्फोट कायदा, मुकुंद पब्लिकेशन, पुणे.

References :

1. Morton R., "Home and its furnishing".
2. Anna Hong Rutl, Home and its Furnishing.
3. डॉ. लिमये, गृह व्यवस्थापन व गृह कला, विकास प्रकाशन, रुईकर मार्ग, नागपुर.
4. डॉ. नुजहत सुलताना, गृह सजावट व गृह कला, ज्ञान प्रकाशन, औरंगाबाद.
5. डॉ. वैरागडे, प्रा. लाठकर, प्रा. मुळे, आधुनिक गृहव्यवस्थापन, विद्या प्रकाशन, औरंगाबाद.
6. दत्तात्रेय ओगले, वास्तुशास्त्र सहस्य, सीमॉन कम्प्युटर्स, पुणे.

Unit II – Lighting and Ventilation.

(10)

1. Importance, Types, Selection and Arrangement of lighting.
2. Lighting for different areas – local, specific and decorative.
3. Importance and types of ventilation.

References

1. Coney and Stepenson C.M., How to decorate and light your home.
2. Stella S. Sounderraj, A Text book of Household Arts.
3. केळकर रा. "गृहसजावट", किलेस्किर प्रेस, पुणे.
4. डॉ. सुनंदा वंस, डॉ. रजनी बेहरे, गृहव्यवस्थापन व आंतरिक सजावट.
5. डॉ. नुजहत सुलताना, गृह सजावट व गृह कला, ज्ञान प्रकाशन, औरंगाबाद.

Unit III – Furniture Arrangement.

(20)

1. Selection and principles of furniture arrangement.
2. Arrangement of Furniture in different Rooms – Drawing/
Living room, Bedroom, and Kitchen.
3. Multipurpose furniture arrangement.

References

1. Lewis – Decorating the home.
2. Morton R – Home and its furnishing.
3. कैळकर रा. "गृहसजावट", किलेस्किर प्रेस, पुणे.
4. डॉ. सुनंदा वंस, डॉ. रजनी बेहरे, गृहव्यवस्थापन व आंतरिक सजावट.
5. डॉ. नुजहत सुलताना, गृह सजावट व गृह कला, ज्ञान प्रकाशन, औरंगाबाद.

Unit IV – Home Furnishing - Curtains.

(10)

Types and selection,

Floor covering – rugs and carpets

Types, selection & care

References

1. डॉ. गोडसे – शिवदे, सजावटीतील सप्तरंग.
2. डॉ. वैरागडे, प्रा. लाटकर, प्रा. मुळे, आधुनिक गृहव्यवस्थापन, विद्या प्रकाश, औरंगाबाद.

PRACTICAL

Housing and Interior Decoration

- Unit I** - Draw a House plan for different economic groups – lower, lower middle, middle, middle higher, high income group.
- Unit II** - Draw Furniture Arrangement for different rooms – living / Drawing room, Bed room, kitchen and multipurpose room.
- Unit III** - Making curtain samples criss cross, ruffled, three pleated, (American decorative, curtain, Glass curtains modern decorative curtain.

Distribution of marks for practical exam :-

1.	House plan – (For only three major income group – lower, middle & higher)	10
2.	Drawing of furniture arrangement (on graph) – In Drawing / Kitchen / Bedroom	10
3.	Curtain making –	05
4.	Related activities –	10
5.	Record Book -	05
	Total	40

Name of the Course	: B.A. III Year Home Science
Semester	: Vth
Paper No & Title	: XV – Entrepreneurship Development
Total Marks	: 30
Work load per week	: 4 Periods (50 min. / Lect.)

OBJECTIVES

1. To inculcate entrepreneurial skills among students.
2. To analyze the environment for development of cottage industry and self employment.
3. To understand the process and procedures of setting up the cottage industry.
4. To develop management skills for entrepreneurship development.

Unit I - Entrepreneurship Development : **(10)**
Definition, need, scope, characteristics.
Identification of opportunities.

Reference

1. Taneja and Gupta S.L. (1992), "Entrepreneurship Development" New Venture creation Galgeha Publishing Company, New Delhi.
2. उद्योजकता संकल्पना आणि प्रेरणा - सुधिर सेवेकर, विद्या बुक्स पब्लिशर्स, औरंगाबाद.

Unit II - Home Science and Entrepreneurship (15)

1. Meaning and scope in small scale industries.
2. Fields of Home Science for entrepreneurship.
3. Women entrepreneurship.

Reference

1. Desai V. (1991, 97, 99 Volu. I, II) – Entrepreneurial Development, Himalaya Publishing House, Mumbai.
2. Entrepreneurial Development – S. S. Kttamka, S. Chand and Company Ltd., Ram Nagar, New Delhi.
3. उद्योजकता – डॉ. जितेड अहिरराव, चिन्मच प्रकाशन, औरंगाबाद.

Unit III - Self employment (15)

1. Guidelines for self employment.
 - a) Registration and training.
 - b) Finance and Account keeping
 - c) Costing, (d) Packing (e) Labeling.
 - 10) Marketing -
2. Mobilization and Resources
 - a) Project Report

Reference

1. Deshpande Manohar – “Entrepreneurship of small scale Industries” – Deep and Deep Publication, New Delhi.
2. बचत गट महिलंचा आधार वड - डॉ. अनघा पाटील दिलसा अॅग्रो प्रोसेसर्स अॅण्ड पब्लिशर्स, प्रा. लि. पी. ३ सुदर्शन पार्क, वेदान्त नगर, एम.आय.डी.सी. विभागीय कार्यालयासमोर, औरंगाबाद.

Unit IV - Policies towards promotion of entrepreneurship. (20)

1. Central government
2. State government
3. Funding Agencies
4. Entrepreneurship Development Programme (EDP)

Sessionals / Relates Activities (Any Two).

1. Preparation of a detailed projects report.
2. Visit to small scale industries / cottage industry.
3. Preparation and sale of food products at college level and report writing.
4. Successful women entrepreneurs – interview.

Reference

1. Entrepreneurial Development – S.S. Khanka S. Chand and Company Ltd., Ram Nagar, New Delhi.
2. उद्योजकता – डॉ. जितेड अहिरराव, चिन्मच प्रकाशन, औरंगाबाद.

Name of the course : **B.A. III Year Home Science**
Semester : **Vth**
Paper No & Title : **XVI – Nutritional Management in
Health and Diseases.**
Total Marks : **30**
Work load per week : **4 Periods (50 min./Lect.)**

OBJECTIVES

This course will enable the students to;

1. To know the principles of diet therapy.
2. To understand the role of dietician.
3. To understand the modifications of normal diet for therapeutic purpose.

Unit I : Health and Nutrition (10)

1. Definition of health and nutrition
2. Dimensions of health and nutrition.
3. Food habits and dietary pattern in different regions and Communities.

Unit II : Food habits. (20)

1. Concept and meaning of food habits.
2. Factors affecting on food habits - Regional, economical, environmental, socio cultural Psychological & religious
3. Effect of industrialization, urbanization work pattern, mass Media & food habits on health.

Unit III : Diet Therapy. (15)

1. Objectives & principles of diet therapy.
2. Modification of norms diet.

3. Modification in consistency : clear fluid, diet, fluid, soft diet.
4. Modification in texture : High fiber & low fiber diet.
5. Modification in nutrients : High protein and low protein diet,
High caloric & low caloric diet.

Unit IV : Dietary management & nutritional requirements in

Common ailments

(10)

1. Diarrhea
2. Constipation
3. Jaundice
4. Under weight & over weight
5. Typhoid
6. Viral fever

Unit V : Regional cookery

(5)

Main features of regional cookery – Maharashtra, Andhra Pradesh, Panjab & Gujrat, Rajesthan (Two special dishes for each region)

Journals

1. Indian Journal of Nutrition & Dietetics.
2. Journal of Human Nutrition & Dietetics.
3. Journal of Nutrition
4. Maternal & Child Nutrition
5. Proceeding Nutrition Society of India.

PRACTICALS

Nutritional Management in Health and Diseases

- 1. Planning and preparation of therapeutic & modified Diet.**
 1. Clear fluid diet.
 2. Fluid diet.
 3. Soft diet.
 4. Bland diet
 5. High protein diet.
 6. High fiber diet.
 7. Low fiber diet.
 8. Low calorie & low fat diet.

- 2. Planning and preparation of diet in common ailments.**
 1. Diarrhea
 2. Constipation
 3. Jaundice
 4. Overweight
 5. Under weight
 6. Fever

- 3. Regional cookery** – Famous Gujarati, Punjabi, South Indian.

DISTRIBUTION OF MARKS FOR THE PRACTICAL

Q.1. Planning of therapeutic and modified diets. (Any one)	(5)
Q.2. Planning of diet for common ailments (Any one)	(5)
Q.3. Preparation & presentation.	(10)
Q.4. Related activities.	(10)
Q.5. Record book.	(10)
Total	(40)

References Books

1. V.K. Kaushik, "Reading in Food, Nutrition and Dietetics," Vol. I, II, III, Book Enclave, Jaipur.
2. Robinson C.H. etal (1986) Normal and Therapeutic Nutrition, 17th Ed., Macmillian Publishing Co.
3. Williams S.R. (1989) Nutritional and Diet therap, 4th ed. C.V. Masby Co.
4. Anrita F.P. (1983) Clinical Dietetics and Nutrition 3rd Ed. 4th Impression, Oxford University Press.
5. Swaminathan M.S. (1985). Essentials of foods and Nutrition, Vol. II, Bapplo Publication.
6. Joshi Shubhangini (1992) Nutrition and dietetics, Tata McGraw Hill, Pub. Co. New Delhi.
7. केळकर शांता, आरोग्य आणि आहार शास्त्र, महाराष्ट्र राज्य साहित्य आणि संस्कृती मंडळ, मुंबई.
8. डॉ. लेले सरला, आहार मिमांसा, नागपुर प्रकाशन.
9. डॉ. मोळवणे मंजुबा, आहारशास्त्र, कैलाश प्रकाशन, औरंगाबाद.
10. प्रा. शोभा वाघमारे नाईक, पोषण व आहार - विद्या बुक्स पब्लिशर्स, औरंगाबाद.
11. डॉ. मिनाश्री नारणेकर : पोषण आणि स्वास्थ्य, विश्व पब्लिशर्स व डिस्ट्रीब्युटर्स, औरंगाबाद.
12. प्रा. फरकाडे प्रा. गोंगे, पोषण आणि आहारशास्त्र, पिंपळपुरे अॅन्ड कं. पब्लिशर्स, नागपुर.
13. डॉ. आशा देऊसकर, मानकी पोषण आहारशास्त्राची मुलतत्त्वे विद्या प्रकाश नागपुर.
14. डॉ. इंदिरा खंडसे, अन्नशास्त्र हिमालय पब्लिशर्स हाऊस, नागपुर.
15. प्रा.पी.के. कुलकर्णी, आरोग्य व समाज, डायमंड पब्लिकेशन्स, पुणे.
16. प्रा. डॉ. स्नेहा महाजनी, आहारशास्त्राची मुलतत्त्वे, गुणवंत, प्रिंटर्स, नागपुर.
17. प्रा. शोभा वाघमारे, आहार व पोषण - पिंपळपुरे प्रकाशन, औरंगाबाद.

Name of the Course	: B.A. III Year Home Science
Semester	: Vth
Paper No & Title	: XVII - Community Nutrition
Total Marks	: 30
Work load per week	: 4 Periods (50 min. / Lect.)

OBJECTIVES

This course should enable the students to

1. Effective communication techniques / method.
2. Be able to plan and develop health / nutrition education communication messages.
3. Be able to communicate on various issues related to health and nutritional status of individual and the community.

Unit I : Nature and scope of community nutrition. (15)

1. Nutritional problems of the community and implication for public health.
2. Causes, prevalence, signs & symptoms prevention and treatment of protein energy malnutrition, iron deficiency anemia, iodine deficiency & flurosis.

Unit II : Nutrition Education. (30)

1. Meaning and importance of nutrition education.
2. Methods and evaluation of nutrition education programme.
3. Problems involved in organizing nutrition education programme for the community & how to solve them.
4. National nutritional programme :- ICDS, M.D.M. programme, National Nutrition anemia prophylaxis

programme. (N.N.A.P.P.), vitamin A prophylaxis programme
& Goiter control.

5. National organizations :- ICAR, ICMR, NIN, CFTRI.
6. International Organizations :- FAO, WHO, UNICEF,
CARE.

Unit III : Nutritional Assessment.

(15)

Assessment of nutritional status :-

- 1) Anthropometry
- 2) Diet Survey
- 3) Clinical assessment
- 4) Laboratory methods : Biochemical & biophysical.

Related Activities (Any Two)

1. Scrap book regarding mal nutrition.
2. Assignment on national nutrition programme or
organizations working in the field of community nutrition.
3. Survey regarding malnutrition.
4. Conduct a study of malnutrition based on anthropometric
measurements height, weight, head circumference & arm
circumference (One sample).

References Books

1. Health Nutrition and Diseases.
2. Swaminathan M.S. Essentials of foods and Nutrition, Vol.II, Bapco Publication.
3. Williams S.R. (1989) Women and Nutritional in India. Nutrition Foundation of India.
4. C Vaidya, D.B. Rao, "A text book of nutrition" Discovery Publishing House, New Delhi.
5. Wallace H. N. & Giri K. 1990 : Health Care of Women & Children in developing countries. Third party publishing co. Oakland California.
6. UNICEF (1994) : The Urban poor & Household food security, UNICEF.
7. IDRC (1993) : Gender, Health & Sustainable development.
8. केळकर शांता, आरोग्य आणि आहार शास्त्र, महाराष्ट्र राज्य साहित्य आणि संस्कृती मंडळ, मुंबई.
9. डॉ. मोळवणे मंजुबा, आहारशास्त्र, कैलाश प्रकाशन, औरंगाबाद.
10. प्रा. शोभा वाघमारे नाईक, पोषण व आहार - विद्या बुक्स पब्लिशर्स, औरंगाबाद.
11. डॉ. आशा देऊसकर, मानकी पोषण आहारशास्त्राची मुलतत्वे विद्या प्रकाश नागपुर.
12. डॉ. सुरलेलेले, पोषण व आहारशास्त्राची मुलतत्वे विद्या, नागपुर.
13. प्रा. फरकाडे प्रा. गोंगे, पोषण आणि आहारशास्त्र, पिंपळापुरे अॅन्ड कं. पब्लिशर्स, नागपुर.
14. प्रा. राजकुमार कांबळ, अन्नसंरक्षण मेहता पब्लिशर्स हाऊस, पुणे.
15. प्रा.पी.के. कुलकर्णी, आरोग्य व समाज, डायमंड पब्लिकेशन्स, पुणे.

Name of the Course	: B.A. III Year Home Science
Semester	: VIth
Paper No & Title	: XVIII - Fundamentals of Art and Design
Total Marks	: 30
Work load per week	: 4 Periods (50 min. / Lect.)

OBJECTIVES

1. To understand elements and principles of art and design.
2. To apply various colours harmonies in designs.
3. To develop skill in creating design and making art objects.

Unit I : Introduction to foundation of Art. (20)

- 1) Design – Definition, types – structural and decorative.
- 2) Element of Art / Design – Line, form, light, space and pattern.
- 3) Principles of Art – Harmony, Balance Proportion, rhythm and emphasis.

References :

1. गृह सजावट – केळकर रा. (किर्लोसकर प्रेस, पुणे)
2. गृह व्यवस्थापन व गृह कला – डॉ. लिमये (विकास प्रकाशन नागपुर)
3. गृह व्यवस्थापन आणि आंतरिक सजावट – डॉ. वसू – मेहेरे (साईनाथ प्रकाशन नागपुर)
4. The house and Art's of its design – Kennedy.
5. Home and its furnishing – Anna H. Rutt.
6. How to decorate and light your home - Coonev and Stephenson.

Unit II : The Colour.

(15)

1. Dimension of colour – Hue, value, intensity.
2. Classification of colour – primary, secondary tertiary etc.

B. Colour Scheme :

1. Types of colour schemes.
2. Colour schemes for different rooms, Drawing room, Bed room, Kitchen, and Dinning room, Children's room etc.

C. Computer aided colour scheme.

References :

Unit – II

1. गृह व्यवस्थापन आणि डॉ. इंदिरा खडसे, गृह कला – हिमालय पब्लिशिंग.
2. डॉ. मुनशी, डॉ. जठार – गृह व्यवस्थापन, पिंपळपुरे अॅण्ड कं. पब्लिशर्स, नागपुर.
3. डॉ. सौ. क्षमालिमये – गृह व्यवस्थापन आणि गृह कला, विद्या प्रकाशन, नागपुर.
4. डॉ. नुजहत सुलताना, गृह सजावट व गृह कला, ज्ञान प्रकाशन, औरंगाबाद.
5. Home art it's furnishing – Marfom R. Wiley Eastern Pvt. Ltd. New Delhi.

Unit – III : Flower Arrangement

(15)

1. Definition, history material used in flower arrangement.
2. Types of flower arrangement traditional, modern, Japanese, Dry arrangement, floating arrangement
3. Use of art principles in flower arrangement.
4. Accessories

References :

1. डॉ. नुजहत सुलताना, गृह सजावट व गृह कला, ज्ञान प्रकाशन, औरंगाबाद.
2. प्रा. फरकोड - गोंगे - कौटुंबिक संसाधनाचे व्यवस्थापन व गृह सजावट, पिंपळापुणे अॅण्ड कंपनी पब्लिशर्स, नागपुर.
3. Dr. Chitale M.J., Foundation of Art and design manual – Co-ordinator SMDT College of Home Science, Karve Road, Pune.

Unit – IV : Floor Decoration (Rangoli)

(10)

- a) Cultural importance of Rangoli.
- b) Types of rangoli – Dotted, unising five finger, grains, flowers and leves, alpana.

References :

1. प्रा. प्रियंवदा लाठकर – संस्कृतिचा वारसा रंगावली.
2. सौ. प्रियदर्शनी अरविंद वझे – सुलभ रंगावली (सौ. आशा शशिकांत आवटी सुलभ प्रकाशन ३८ मुकुंद मॅन्शन रामडे, दादर मुंबई - २८)

PRACTICAL

Fundamentals of Art and Design

1) Colour Schemes :

- a) Classification of colour and colour wheel
- b) Different types of colour schemes
- c) Use of colour scheme in different rooms i.e. Drawing, Bed room and Kitchen

2) Flower Arrangement

- a) Material used for flower arrangement
- b) Types of arrangement-oriented, modern, Japanese, Dry
- c) Demonstration on different types of garland and bougutes and floral decoration

3) Floor Decoration

Types of Rangoli : Dotted, Sanskar Bharti, Grains, Flower & Leaves, Alpana

Modern Rangoli : Using – wooden bhoosa, marbal chipes

Kardi Bhoosa, salt and crystals

4) Preparation of Accessories for interior Decoration. (Any one)

Distribution of marks for practical examination

1.	Colour Scheme	10
2.	Flower arrangement / rangoli	05
3.	Record Book	10
4.	Submission of Accessory	05
	TOTAL	40

Name of the course : **B.A. III Year Home Science**
Semester : **Vith**
Paper No & Title : **XIX - Adulthood, Middle age & Old age**
Total Marks : **30**
Work load per week : **4 Periods (50 min./Lect.)**

OBJECTIVES :

1. To understand the nature of developmental pattern in adulthood & old age.
2. To know different aspects in adulthood.
3. To gain knowledge regarding adjustments during adulthood.

Unit - I Early Adulthood (age 18 to 40 yrs) 10

1. Stages of adulthood, characteristics of early adulthood.
2. Developmental tasks and adjustments in early adulthood.
3. Changes interests- physical appearance, cloths, money, material possession, and recreation, social.
4. Vocational adjustments-selection of vocation, stability in vocation, adjustment to work and achievements.

Unit - II Middle adulthood/ Middle age (age 40 to 60 yrs) 18

1. Characteristics, developmental tasks.
2. Adjustments to physical changes, social and mental changes, interest, vocational adjustments.
3. Menopausal syndrome.
4. Adjustments to changed role.
5. Achievements, emotional states.

Unit - III Late adulthood/Old age (age 60 to death) 10

1. Characteristics, developmental tasks.
2. Adjustments to physical changes- changes in functions, sensory changes, sexual changes, prolonged illness.
3. Changes in motor, mental abilities.
4. Changes in interests, emotional behavior, social status.

Unit - IV – Adjustment to different areas : 10

1. Adjustments to retirement
2. Adjustment to changes in relationship with a spouse, offspring's, grandparent .
3. Govt. & management agencies working for elderly.

Sessional Activities : (Any Two)

1. Visit to old age home & report writing.
2. Visit to family court & report writing.
3. Study of problems and adjustment during old age (survey of Ten sample).
4. Preparation of scrap book on laws related to family, marriage and women.

Journals:

1. Indian Journal of Home Science.
2. Indian Journal of Social Welfare
3. Samaj Kalyan.
4. Social Welfare.
5. Indian Servile of Social Work.

References :

1. Craig G. C. (1999) Human Development, New Jersey, Prentice Hall.
2. डॉ. बोरुडे आर.आर. वैकासिक मानसशास्त्र प्रा. प्रिंवदा लाटकर, मानव विकास, विद्या प्रकाशन, औरंगाबाद.
3. Bhatia M. S., 'Aging and Society' Arays's book centre, Udaipur.
4. Desai K.G. Aging in India, Tata Institute of social sciences, Bombay.
5. Sinha J. M. P. 'Problems of Aging', Classical Publishing Company, New Delhi.
6. Sati P. N. "Retired and Aging People", Mittal Publishers, Delhi.
7. Gandhi, A. B., The Law of Maintenance of Wives, Children and parents in India, Milan Law Publishers, Bombay.

Name of the Course	: B.A. III Year Home Science
Semester	: Vith
Paper No & Title	: XX - Communication Process in Home Science
Total Marks	: 30
Work load per week	: 4 Periods (50 min. / Lect.)

OBJECTIVES :

1. To understand the role of communication in development.
2. To know the process of communication and effects of media.
3. To develop the skills in the students about the use of communication methods and media.
4. To enable the qualities of leadership in the students.
5. To know the importance of programme, planning, implementation of programme and evaluation.

Unit I – Concept of Development and Communication (10)

1. Nature Scope and Functions of Communication.
2. Principles and Patterns of Communication.
3. Importance and use of ICT in the process of Home Science Communication
4. Factors that help or hinder communication.

(Barriers in Communication, Useful things in
Communication)

References :

1. फरकाडे गोंगे – गृहविज्ञान विस्तार.
2. डॉ. वैरागडे व मुळे – विस्तार शिक्षण
3. बा. बा. तिजारे – सामुदायिक विकास आणि विस्तार शिक्षण
4. Dr. Anjali Ghanekar – Communication Skills for Effective Management.

Unit II – Communication Process

(15)

1. Communication Process.
2. The Communication Process Model.
3. Rule of Five.
4. Use of Channel to Transmit the Message.
5. The Receiver.
6. Communication Noise.
7. The important 'e' is communication.

References :

1. बा. बा. लिजारे – संप्रेषण
2. Dr. Anjali Ghanekar – Communication Skills for Effective Management. Everest Publishing House, Appa Balwant Chowk, Pune – 30.

Unit III – Methods Communication

(15)

1. Individual – interview, personal consultation.
2. Small Group – Role Play, Demonstration.
3. Mass communication – Printing Material, Audio Visuals.
4. Use & Importance of methods of communication in Home Science.

References :

1. फरकाडे गोंगे – गृहविज्ञान विस्तार.
2. Dr. Anjali Ghanekar – Communication Skills for Effective Management.

Unit IV – Leadership.

(20)

1. Concept, importance and characteristics.
2. Qualities of Leader.

3. Functions of leadership in development.
4. Role of leadership in development of community.

References :

1. डॉ. वैरागडे, मुळे - सामदायिक विकास व विस्तार शिक्षण, विद्याबुक्स पब्लिशर्स, औरंगपुरा, औरंगाबाद.
2. फरकाडे गोंगे - गृहविज्ञान विस्तार - विद्या प्रकाशन, रईकर रोड, महल, नागपुर.
3. डॉ. नरेद्रमारवाडे व डॉ. सदाशिव सरकटे - मराठी भाषा विकास संवधून व भाषिक कौशल्य, कैलाश पब्लिकेशन, औरंगाबाद.
4. जे.व्ही. विलानिलम अनुवाद - रौलासोमण, अधिक प्रभावी संवाद - व्हावसायिकांसाठी नेमके मार्गदर्शन जयमंड पब्लिकेशन्स, १६९१, शांकरप्रसाद टिळक रोड - ३०, काँ. टौ. सो.
5. प्रा. वि. दि. तडसरे, प्रा. पाटील डाके व इतर, समाजिक मानसशास्त्र IIInd Edition, फडके प्रकाशन, दुर्ध्वानी प्लॉट नं. ९८/४, कोल्हापुर.

Sessional Activities. (Any Two)

1. Programme planning for Home Science Extension.
2. Visit to Pachayat Samittee & Report Writing.
3. Community Development Schemes.

PRACTICAL

Communication Techniques in Home Science

1. Preparation and write up of Audio Visual Aid.
2. Preparation of PowerPoint presentation (CD) on any topic related to Home Science Subject.

Distribution of marks for the practical exam.

Q.1. Preparation of **(10)**

Folder / Chart / Poster / Flash Card

Q.2. Sending Message **(10)**

Interview / Advertisement / Education

Q.3. Record Book. **(10)**

Q.4. Sessional Activities. **(10)**

Total Marks = 40